

Spring Break Backpacking

Superstition Mountains, AZ



Registration closes March 4th 12pm.

Itineraries may shift according to conditions

Wednesday March 9

5:00-7:00PM

Mandatory Pre-Trip Meeting and Gear Issue

Saturday March 12

1:00PM – Meet at PHX Sky Harbor

1:30PM – Depart for campground:

March 13-17

Backpacking

Friday March 18

AM: Exit Trail; Showers

Afternoon: Victory Meal

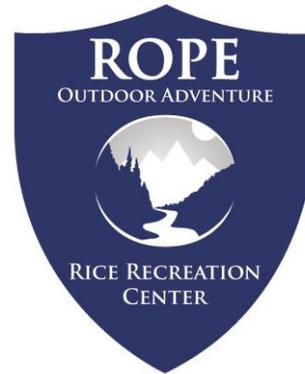
2PM+ : Departures

Participants are expected to:

- Have prior backpacking experience
- Be in good physical and mental health and possess the physical strength to manage challenges including: carrying a 35-40lb backpack, scramble boulder fields, hike with pack 7 to 11 miles over rugged terrain.
- Learn and practice Leave No Trace principles.
- Follow directions where the group takes precautionary action to minimize risk.
- Provide essential footwear and clothing that meets the demands of this trip.
Hiking boots/shoes are required. Sneakers and running shoes will not be permitted as hiking footwear.
- Arrange for flight or transportation to Phoenix Sky Harbor meet point. ROPE arranges transportation from airport to recreational area, but participants are responsible for airfare or alternate transportation including issued equipment and personal gear.

Backpacking

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ROPE is excited to offer this adventure trip into the American high desert. The terrain is inspiring but can be hazardous. Canyons change with each seasonal rain, where flash floods can quickly appear and carry boulders and sediment crashing down the canyon.

Participants should expect a moderately difficult and sometimes strenuous trip. The terrain is often rugged and participants will find themselves navigating footing and cactus. The challenge is high, but the rewards are great with such an experience.

In addition to being much more arid than Houston, the desert environment can be quite cold at night with large swings in temperature during the day. During this season we can expect cooler nights and warm days in direct sun. There may be extended periods during which the sun will not touch the canyon or valley floors.

Trip itineraries may be altered based on environmental conditions. Alternate itineraries in the Tonto National Forest or Sky Island Trails may be considered according to weather and water availability.

Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Essential items ROPE provides:

- Backpack
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Whistle
- Tents
- Water Filters
- Cooking Equipment
- Trail Meals

Optional yet recommended

- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
- Sunglasses
- Bandana(s)
- Stuff sacks

Necessary Personal Items

- 1 Pair of Hiking Boots or Hiking Shoes
- Medications (for allergies, etc.)
You Must inform us if you take any medications.
- 2 synthetic T-shirts
- 1-2 Long sleeve synthetic shirts
- 1 synthetic pants (zip-off preferable; NO jeans)
- 1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 1 warm fleece or down jacket
- 1 insulating long-sleeve shirt
- 1 insulating legs layer
- 3-4 of hiking socks (synthetic or wool)
- 3-4 of underwear
- 1 warm hat
- Personal Toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters)
- Warm Gloves
- Small and lightweight face towel (4x4in)

Small Bag for Travel

- 1 pair pants/shorts
- 2 shirts
- 2 underwear
- 1-2 socks
- Toiletries for shower

It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!