Disc Golf Rules

Teams

A college team consists of 2 players, a male and a female player, but each team can have unlimited names on their IMleagues roster. A male and a female must play in each game during the season and in playoffs. A college can put in multiple teams since only two players can play at a time during a game. If two teams from the same college qualify for playoffs then the top team from that college will be eligible to compete in playoffs. All college teams and players who participate in a disc golf game will count for participation points in the President Cup.

A rec team consists of 2 players, a male and a female player, but each team can have up to 6 players to allow for substitutes during the season. A male and a female must play in each game during the season and in playoffs.

Rules

Players may use their own ultimate Frisbees as discs but the Rec Center will provide ultimate Frisbees for each player’s usage.

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After all players have teed off, the player whose disc is farthest from the basket always throws next.

The lie is the spot where the player’s previous throw has landed. Mark each lie with a (mini) marker disc or leave the thrown disc on the ground where it landed. The player’s subsequent throw is made from directly behind the marked lie.

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within 10 meters of the target. Any shot within 10 meters of the target requires that the player maintain balance and not move past the lie until the disc comes to rest.

A mandatory, or mando, is one or more designated trees or poles in the fairway that must be passed to the correct side as indicated by an arrow. If the disc passes to the wrong side of mandatory, either play from the previous lie or from a marked drop zone area if applicable and add a one throw penalty.
A disc that comes to rest in the disc golf basket or is suspended in the chains constitutes the successful completion of that hole.

If any area of out of bounds is visible between the disc and out of bounds line, then the disc is considered out of bounds. A player whose disc is out of bounds receives one penalty throw. The play continue a point up to 1 meter in bounds from where the disc crossed over the out of bounds line, or from the previous lie. Boundaries and water hazards will be identified on course map.

**Scoring**

A course will consist of 9 holes. Keep a record of the number of strokes (throws) per hole for each participant. Games are won by the person with the lowest total strokes (throws) for the entire course. The winner must submit scores to the IMS staff at the immediate ending of their match.

Play your opponent! If you signed-up, you are expected to play your match!

Please Note: All final decisions to eligibility and game rules will be at the discretion of the Assistant Director for Intramural Sports.

**FURTHER QUESTIONS OR COMMENTS MAY BE DIRECTED TO:**

Cara Caspersen, Competitive Sports Coordinator

713-348-8810

Email: ims@rice.edu

Website: http://recreation.rice.edu/ims