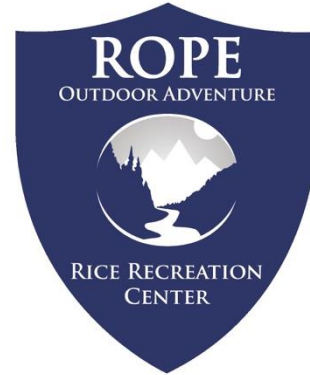


Backpacking

Sam Houston Natl Forest, TX



Registration closes November 10 at 12pm

Schedule

Thursday November 11, 2021

6:30 PM – Pre-trip Meeting at OAC

Saturday November 13

7:00 AM – Meet at Outdoor Adventure Center

7:30AM – Depart in van for Sam Houston National Forest

9:00AM– Arrive at Trailhead

Mid-Day – Lunch on Trail

Evening – Set up camp, dinner

Sunday November 14

7:30 AM – Wake up and breakfast, break down camp

9:30 AM – Hike back!

Mid-Day – Lunch on trail

2-4PM – ETA at Trailhead

5:30PM – ETA at Rice

6:00PM – Clean gear and Done!

Sam Houston National Forest is a beautiful forested wilderness area just out of Houston, including foothill mixed hardwoods and cypress bayous. We will hike a loop through the forest including sections of the Lonestar Trail. In this area, the forest has been allowed to return to a more natural state free of human activity, giving us a taste of wild Texas. Join us for a basic introduction to backpacking and camping basics, a great hike, and an escape from the hustle and bustle of life in Houston. This trip features a “disconnect to reconnect” agreement. Phones will be permitted for photos but all services will be turned off to allow participants the freedom to enjoy the trip without personal or community phone distraction.

Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Essential items ROPE provides:

- Backpack w/ rain cover
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Whistle
- Tents
- Cooking Equipment
- Trail Meals

Optional yet recommended

- Sunglasses
- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
 - One-liter back-up bottle required.
- Bandana(s)
- Stuff sacks

Necessary Personal Items

- 1 Pair of Hiking Boots or Hiking Shoes
- 1-2 of hiking socks (synthetic or wool)
- 1-2 synthetic T-shirts
- 1 Long sleeve synthetic shirts
- 1-2 synthetic pants (zip-off preferable; NO jeans)
- 0-1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 0-1 pair of waterproof pants
- 1 fleece or down jacket
- 0-1 insulating long-sleeve shirt
- 1-2 of underwear
- 1 warm hat
- Warm gloves
- Personal toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters/64 oz)
- Small and lightweight face towel (4x4in)
- Medications (for allergies, etc.)
You Must inform us if you take any medications.
- Money for meals on the road.

It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

**Alcohol, tobacco, and recreational drugs
will *not* be tolerated on any trips led by ROPE. If you have
such items, do *not* bring them!**