Backpacking
Location is Changing according to Trail Conditions
November 10-12, 2023

Registration closes November 10 at 12pm or when trip reaches capacity.

Leaders: Audrey Moehring, Grace Yetter, Nathan Chou, and Sienna Miertschin

Schedule

**Saturday October 28**
- 5:00 PM – Pre-trip Meeting at OAC

**Friday November 10**
- 5:00 PM – Meet at Outdoor Adventure Center
- 5:30 PM – Depart in van for campsite
- 8:30 PM – Arrive at camp
- Evening – Set up camp

**Saturday November 11**
- 7:30 AM – Wake up and breakfast, break down camp
- 9:15 AM – Drive to trailhead
- 9:30 AM – Start Backpacking!
- **Mid-Day** – Lunch on trail
- 2-4 PM – ETA at campsite
- **Evening** – Arrive at camp, set up camp, dinner

**Sunday November 12**
- 7:30 AM – Wake up and breakfast, break down camp
- 9:30 AM – Backpack to return vehicle
- **Mid-Day** – Lunch on trail
- 2-4 PM – Depart for Rice
- **Evening** – Arrive at Rice. Clean gear and Done!

This trip offers a chance to challenge yourself and experience nature. You can expect up to 12 miles of backpacking a day and participants who wish to try longer backpacking distances would likely enjoy this trip. Participants are expected to be in fit physical shape. Previous backpacking experience, or previous experience hiking
14+ miles, is required. This trip is a disconnected offering; cell phone use will be restricted.
# Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

<table>
<thead>
<tr>
<th>Essential items ROPE provides:</th>
<th>Necessary Personal Items</th>
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</thead>
<tbody>
<tr>
<td>✓ Backpack w/ rain cover</td>
<td>o 1 Pair of Hiking Boots or Hiking Shoes</td>
</tr>
<tr>
<td>✓ Sleeping Bag</td>
<td>o 1-2 of hiking socks (synthetic or wool)</td>
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<tr>
<td>✓ Sleeping Pad</td>
<td>o 1-2 synthetic T-shirts</td>
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<tr>
<td>✓ Bowl &amp; Personal Utensils</td>
<td>o 1 Long sleeve synthetic shirts</td>
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<tr>
<td>✓ Headlamp</td>
<td>o 1-2 synthetic pants (No jeans or cotton)</td>
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<tr>
<td>✓ Whistle</td>
<td>o 0-1 pair of synthetic shorts</td>
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<tr>
<td>✓ Tents</td>
<td>o 1 Hooded Rain Jacket (No Ponchos)</td>
</tr>
<tr>
<td>✓ Cooking Equipment</td>
<td>o 0-1 pair of waterproof pants</td>
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<tr>
<td>✓ Trail Meals</td>
<td>o 1 fleece or down jacket</td>
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<tr>
<td></td>
<td>o 1 insulating long-sleeve shirt</td>
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<tr>
<td></td>
<td>o 1-2 of underwear</td>
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<tr>
<td></td>
<td>o warm hat</td>
</tr>
<tr>
<td></td>
<td>o Warm gloves</td>
</tr>
<tr>
<td></td>
<td>o Personal toiletries (Toothbrush, Female hygiene, etc.)</td>
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<tr>
<td></td>
<td>o Bottles for water (storage for 2 liters/64 oz)</td>
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<tr>
<td></td>
<td>o Small and lightweight face towel (4x4in)</td>
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<td>o Medications (for allergies, etc.)</td>
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</table>

**You Must inform us if you take any medications.**

| | o Personal Bag to take clothes home after the trip. |

Optional yet recommended

- Sunglasses
- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
  - One-liter back-up bottle required.
- Bandana(s)
- Stuff sacks
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!

Register for the Trip!