Intro

Backpacking

Lake Sommerville SP
November 4-5, 2023

Registration closes November 2 at 12pm or when capacity is reached.

Leaders: Audrey Pizzolato, Evan Dunbar

Schedule

Friday November 3
7:00 PM – Pre-trip Meeting at OAC

Saturday November 4
7:00 AM – Meet at Outdoor Adventure Center
7:30 AM – Depart in van for Lake Sommerville
9:30 AM – Arrive at Trailhead
Mid-Day – Lunch on Trail
Evening – Set up camp, dinner

November 5
7:30 AM – Wake up and breakfast, break down camp
9:30 AM – Hike back!
Mid-Day – Lunch on trail
2-4 PM – Arrive at Trailhead
6:00 PM – Arrive at Rice
6:30 PM – Clean gear and finish.

Lake Sommerville State Park is largely defined by water. The reservoir is fed by three main tributaries which wander through ravines, bluffs, and wetlands interspersed with duck ponds, marshes, and bogs. Stretching between the two park units, the trailway runs 13 miles. With ROPE you’ll travel part of the trailway into the backcountry area where we will camp, relax, and explore the area further. This trip is designed for participants new to backpacking and camping but is open to participants of all experiences. Registration covers backpacking equipment, recreation fees, meals on trail, and transportation. This trip is a disconnected offering; cell phone use is restricted.
Gear Guide for Warm Weather

Backpacking Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting.

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**Equipment ROPE provides:**

- ✓ Backpack w/ rain cover
- ✓ Sleeping Bag
- ✓ Sleeping Pad
- ✓ Bowl & Personal Utensils
- ✓ Headlamp
- ✓ Whistle
- ✓ Tents
- ✓ Cooking Equipment
- ✓ Trail Meals

**Necessary Personal Items:**

- □ 1 Pair of Hiking Boots or Hiking Shoes*
- □ 1-2 of hiking socks (synthetic or wool)
- □ 1 Hooded Rain Jacket (No Ponchos)
- □ 1 fleece or down jacket
- □ 0-2 Long sleeve synthetic shirts
- □ 1-2 synthetic T-shirts
- □ 1-2 underwear
- □ 0-1 pair of synthetic shorts
- □ 0-1 synthetic pants (non-cotton, no jeans)
- □ Personal toiletries (Toothbrush, etc.)
- □ 2 Bottles of water (storage for 2 liters/64oz)
- □ Small and lightweight face towel (4x4in)
- □ Medications (for allergies, etc.)
  - You Must inform us if you take any medications.
- □ Money for meals on the road (if applicable)
- □ Clean Shoes for travel

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**Optional yet recommended**

- □ Sunglasses (strongly recommended)
- □ Camera (H2O protection encouraged)
- □ Campshoes (lightweight; e.g. sandals)
- □ 1 pair of waterproof pants
- □ Sun hat
- □ Bandana(s)
- □ Journal & Pen
- □ Cards/Game
- □ Water reservoir (Camelbak)
  - ○ One-liter back-up bottle required.
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!

Register for the Trip!