

# Recess Backpacking



Trip registration closed October 5 at 12pm

Georgetown, TX

**SAMPLE ITINERARY. Final itinerary in development**

## Schedule:

### Tuesday October 5, 2021

**5:00pm** – Required Pre Trip Meeting @ Outdoor Adventure Center

### Saturday October 9

**8:00am** – Meet at Outdoor Adventure Center

**8:30am** – Depart for Georgetown Lake

**11:30am** – Arrive at Trailhead

### Sunday October 10 – Monday October 11

**On Trail**

### Tuesday October 12

**1-3:00pm:** ETD from Trailhead

Dinner on road

**5-7:30pm** Check-in and clean up at Rice

*The Goodwater loop of the San Gabriel River Trail at Georgetown Lake is a 26 mile trail that passes through dense Oak, Ash, & Juniper forest, bottomland hardwoods and prairie grasslands. The trail crosses the reservoir dam and completely circles Georgetown Lake. Along the way we will enjoy vistas from limestone bluffs, a hidden waterfall, and some quality downtime outdoors. This trip is a great option to build backpacking experience and is open to participants of all levels.*

## Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

**All gear that is listed as provided must still be rented out by each participant** at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

### Essential items ROPE provides:

- ✓ Backpack
- ✓ Sleeping Bag
- ✓ Sleeping Pad
- ✓ Bowl & Personal Utensils
- ✓ Headlamp
- ✓ Whistle
- ✓ Tents
- ✓ Cooking Equipment
- ✓ Trail Meals

### Optional yet recommended

- Sunglasses (strongly recommended)
- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Food
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
- Bandana(s)
- Stuff sacks

### Necessary Personal Items

- 1 Pair of Hiking Boots or Hiking Shoes
  - 2-3 of hiking socks (synthetic or wool)
  - 1-2 synthetic T-shirts
  - 1 Long sleeve synthetic shirts
  - 1 synthetic pants (zip-off preferable; NO jeans)
  - 0-1 pair of synthetic shorts
  - 1 Hooded Rain Jacket (No Ponchos)
  - 1 pair of waterproof pants (optional)
  - 1 heavy fleece or down jacket
  - 1 insulating long-sleeve shirt
  - 1 insulating legs layer
  - 3-4 of underwear
  - 1 warm hat
  - Warm gloves
  - Personal toiletries (Toothbrush, etc.)
  - 2 Bottles for water (storage for 2 liters)
  - Small and lightweight face towel (4x4in)
  - Medications (for allergies, etc.)
- You Must inform us if you take any medications.**

### Small Bag for Travel

- 1 pair pants/shorts
- 1 shirts
- 1 underwear
- 1 socks
- Clean Shoes
- Money for meal/snacks on the road

It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

**These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.**

**Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!**