Day Kayaking

San Bernard Wildlife Refuge
Saturday September 26

Registration closes Sept. 23 at 12pm or when capacity is reached.

Trip Leaders: TBD

Saturday

7:30 AM	Depart from Rice
9:00 AM	Arrive at put-in
	Kayak and gear orientation
10:00 AM	Begin 6-7 mile paddle
	Lunch on water
3:30 PM	Load Trailer/Pack Up
5:30 PM	Return to Rice
6:30 PM	Clean gear and finish

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All kayaking trips require completing a pool session with trip leaders to demonstrate ability to exit kayaks confidently. The ability to swim independently is required to join this trip.

Stretching inland from the Gulf beaches into the bottomland forests of the Brazos and San Bernard River basins, San Bernard National Wildlife Refuge provides vital habitat for migrating and wintering birds as well as resident wildlife. The refuge encompasses a diverse array of habitats including salt marshes and saltwater lakes and supports a diversity of coastal wildlife, including more than 320 species of birds, 95 species of reptiles and amphibians. Our 6-7 mile route may take us to the coastal dunes or through saltwater lagoons. Registration covers transportation, recreation area fees, outdoor equipment, and meals on trail. Participants must assist with gear clean-up, as this allows reduced trip costs.

According to weather and water conditions this trip may be restricted to interior waterways or shift to an alternative paddling location.

Gear Guide for Warm Weather

Day Paddle Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting or the day of trip.

Equipment ROPE provides:

- ✓ Watercraft
- ✓ Life Jacket
- ✓ Meals on Trail
- ✓ Water Reservoirs
- ✓ Bowl & Utensils (as needed)
- ✓ Headlamp (as needed)
- ✓ Dry Bags (as needed)

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Necessary Personal Items:

- ☐ Two 1-liter water bottles (ex. Nalgene)
- ☐ 1 Pair Shoes/Sandals for the water
  Footwear will be wet and must have a heel strap and be appropriate for stepping in rocky water.
- ☐ Rain jacket
- ☐ Long sleeve shirt – Sun Shirt
- ☐ Swimwear or synthetic clothing
- ☐ Sunglasses (polarized recommended)
- ☐ Preferred Sunscreen
- ☐ Hat
- ☐ Towel
- ☐ Spare set of Dry Clothes & Footwear
- ☐ Clean shoes for the van

Optional yet recommended

- ☐ Backpack/day pack
- ☐ Camera
- ☐ Medications, if any taken
- ☐ Additional snacks
- ☐ Insect Repellent (DEET free)

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from online suppliers or local thrift store. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

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Register for the Trip!

Waitlist

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