Day Kayaking
San Bernard Wildlife Refuge
September 18, 2022
Leaders: Sydney, Audrey, Ryan

Registration closes September 15th at 4pm.

Schedule:

Sunday, September 18, 2020
9:45AM Meet at OAC
10:00PM Depart from Rice
11:30-11:45 Stage
12:00-1:30 Paddle
1:30PM Lunch
2:30-4:00PM Paddle
4:00-4:30PM Load Trailer/Pack Up
ETA 6:00PM Return to Rice and clean-up

Stretching inland from the Gulf beaches into the bottomland forests of the Brazos and San Bernard River basins, San Bernard National Wildlife Refuge provides vital habitat for migrating and wintering birds as well as resident wildlife. The refuge encompasses a diverse array of habitats including salt marshes and saltwater lakes, coastal prairies, freshwater lakes and marshes. The refuge supports a diversity of coastal wildlife, including more than 320 species of birds, 95 species of reptiles and amphibians, and 450 species of butterflies and dragonflies, so we hope see a wonderful diversity along our paddle. Registration covers transportation, recreation area fees, outdoor equipment, and meals on trail.
## Gear Guide for Warm Weather Day Kayaking Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting or the day of trip.

### Equipment ROPE provides:
- Watercraft
- Life Jacket
- Meals on Trail
- Water Reservoirs
- Bowl & Utensils (as needed)
- Headlamp (as needed)
- Dry Bags (as needed)

### Necessary Personal Items:
- Two 1-liter water bottles (e.g., Nalgene)
- 1 Pair Shoes/Sandals for the water
  - **Footwear will be wet and must have a heel strap and be appropriate for stepping in rocky water.**
- Rain jacket
- Long sleeve shirt (e.g. Sun Shirt)
- Swimwear or synthetic clothing
- Sunglasses (polarized recommended)
- Hat
- Towel
- Spare set of Dry Clothes & Footwear
- Preferred Sunscreen

### Optional yet recommended
- Backpack/day pack
- Camera
- Medications, if any taken
- Additional snacks
- Insect Repellent (DEET free)
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!