# Mountain Backpacking

Pecos Wilderness, NM



## **Informational Meeting:**

Monday March 28 5:00 PM in Rec Classroom 160A

# **Mandatory Pre-Trip Meeting**

Tuesday April 26

4:00 PM at 160A

Make sure to <u>bring all of your personal gear and trip clothes</u>. We'll discuss trip logistics and check personal readiness. Inadequately prepared participants may lose registration.

Registration Closes April 25th at 12pm.

Prior backpacking experience is required to participate in this expedition.

# **Mountain Backpacking**

### Pecos Wilderness, NM

Itineraries may shift according to conditions.

#### **Tuesday May 3**

3-5pm Pack and Load for trip!

#### Wednesday May 4

5:00AM – Meet at Outdoor Adventure Center

Continental Breakfast Provided by ROPE

5:15 AM – Depart Rice

\*Lunch & Dinner on Road

8:00PM – Camp at Santa Rosa State Park, NM (12-14 hour Van drive)

#### **Thursday May 5**

7:00 AM – Breakfast

8:00 AM – Depart for Trailhead (2-3 hour Van drive)

12:00 PM – On Trail

#### Friday 6 – Tuesday May 10

On the trail, in the mountains, having a blast!

#### **Tuesday May 10**

6:30 AM – Breakfast

9:00 AM – Exit Trailhead

\*Lunch & Dinner on the Road

3:00PM – Camp Enroute to Campus

#### Wednesday May 11

6:30 AM – Breakfast

7:30 AM – Depart for Rice

\*Lunch on the Road

5:00 PM – ETA at Rice

5:45PM – Clean up & Tear Down

\*Participants cover meals while driving to locations.

ROPE OUTDOOR ADVENTURE

RICE RECREATION
CENTER

ROPE is thrilled to return to the Pecos Wilderness of Northeast New Mexico! This region holds special meaning to our director for its stunning views and fabulous weather. The mountains offer a cool escape from the growing spring heat alongside rewarding challenges and picturesque vistas.

Final trail itineraries will not be available until late April as the program follows weather and snow reports. With much of the trail options above 7,000 feet and the peak destination at 10,000 feet, high elevation and snow are two features that the trip and participants should prepare for. Mountain trekking requires good fitness alongside strong mental fortitude to work past the physical exertion.

Take a peek at a map of New Mexico following the Skyline Trail, Truchas Peak, Pecos Baldy and the surrounding area. This is green mountain paradise rising away from the New Mexican desert.

Mountain weather can change unpredictably, but in general we can expect days in the mid 60's and nights in the mid 30's. Packing for cool weather will increase participant comfort and enjoyment out on trail even if temperatures are above average.

#### Participants are expected to:

- -Be in good physical and mental health and possess the physical strength to manage challenges including: carrying a 35-40lb backpack, hike for 6-10 miles over rugged terrain, maintain composure during challenges.
- -This trip will frequently be traveling above 7,000 feet in elevation which can be challenging for even athletic individuals.
- -Learn and practice exemplary Leave No Trace philosophy and methods.
- -Follow directions where the group takes precautionary action to minimize risk.
- -Provide essential footwear and clothing that meets the demands of this trip. *Hiking boots/shoes are required. Sneakers and running shoes will not be permitted as hiking footwear.*
- -Uphold technology hiatus. Cell phone use will be restricted to photography only.

It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own or can borrow. Items that you choose to purchase may be available at reasonable cost from outdoor suppliers or at a discount from thrift stores. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip and bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!

# Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Essential items ROPE provides:		Ess	Essential personal items:	
✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	210 cp g 2 ug		1 Pair of Hiking Boots or Hiking Shoes Medications (for allergies, etc.) You must inform us if you take any medications. 2 synthetic T-shirts 1 Long sleeve synthetic shirts 1 synthetic pants (No cotton or Jeans) 1 pair of synthetic shorts 1 Hooded Rain Jacket (No Ponchos)	
<u>Or</u>	otional/Recommended:		1 heavy fleece or down jacket 1 insulating long-sleeve shirt	
	Camera (H2O protection encouraged) Favorite Snack Foods (small amount)		<ul><li>1 insulating legs layer</li><li>3-4 of hiking socks (synthetic or wool)</li></ul>	
	Lightweight Drinking Mug		3-4 of underwear	
	Campshoes (lightweight; e.g. sandals)		1 warm hat	
	Sun hat		Warm Gloves	
	Camelback water bladder		Personal Toiletries (Toothbrush, etc.)	
	Bandana(s) Stuff sacks		2 Bottles for water (storage for 2 liters)	
_	Personal Water Filter		Small and lightweight face towel (4x4in)	
_	Personal water Filter		<u>Sunglasses</u> – Polarized is recommended	
Sn	nall Bag for travel:		Small sunscreen	
	Small Duffle/Backpack			
	1 pair pants/shorts			
	2 shirts			
	2 underwear			
	1-2 socks			
	Toiletries for shower			