# **Day Kayaking**

Armand Bayou

*Trip registration closes April 09 at 12pm or when capacity is reached.* 

Trip Leaders: Audrey M, Zac, Ben, Collin



### Sunday April 14

8:00AM	Meet at OAC in the Rec
8:30AM	Depart from Rice
9:30AM	Arrive at Armand Bayou
	Set up kayaks
	Spend the day paddling!
2:30PM	Estimated trip debrief and pack up
3:30PM	Depart from Bayou
6:30PM	Estimated finish of gear cleaning at Rice

Spend a day on the beautiful bayou with ROPE as we kayak around peaceful Armand Bayou. Be on the lookout for an abundance of migratory and sea-faring birds as well as local alligators lurking about! Trip costs include transportation, lunch, and necessary equipment. Participants should eat breakfast before arriving. Kayaking experience is recommended, but this trip is open to participants of all skill levels.

The ability to swim is required. Participants must wear footwear with a heel that can get wet!

# Gear Guide for Warm Weather

# Day Canoe Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting or the day of trip.

## Equipment ROPE provides:

- ✓ Watercraft
- ✓ Life Jacket
- ✓ Meals on Trail
- ✓ Water Reservoirs
- ✓ Bowl & Utensils (as needed)
- ✓ Headlamp (as needed)
- ✓ Dry Bags (as needed)

#### Necessary Personal Items:

- □ Two 1-liter water bottles (e.g., Nalgene)
- 1 Pair Shoes/Sandals for the water
  <u>Footwear will be wet</u> and must have a
  heel strap and be appropriate for stepping
  in rocky water.
- □ Rain jacket
- □ Long sleeve shirt Sun Shirt
- Swimwear or synthetic clothing
- □ Sunglasses (polarized recommended)
- 🗌 Hat
- □ Towel
- $\Box$  Spare set of Dry Clothes & Footwear
- □ Preferred Sunscreen
- $\Box$  Clean shoes for the van



### Optional yet recommended

- □ Backpack/day pack
- Camera
- $\Box$  Medications, if any taken
- □ Additional snacks
- □ Insect Repellent (DEET free)

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from online suppliers or local thrift store. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

<u>Register for the Trip!</u>