# Camp & Kayak

San Antonio River, TX March 30-31

Registration closes March 26 at 12pm or when capacity is reached.

Trip Leaders: Eleanor L., Justin X., Emma L.



#### Friday, March 29

7:00 - 8:00 PM Pre-Trip Meeting - Rec Classroom 160A

#### Saturday March 30

8:00AM Participants Arrive at Rec Center

8:30AM Van Departs from Rice 12:00PM Lunch and Arrive at Put-In

Evening in the Backcountry

#### **Sunday March 31**

8:00AM Breakfast

On Water en route to Put-Out

3:00PM Depart for Rec Center

Dinner on the Road

6:00PM ETA at Rice

7:30PM ETA Finish Trip Check-in and Gear Clean-up

The blue-grey San Antonio river winds through the metro area before heading south and east through a green corridor of protected spaces and parkland. A longer but relaxed paddle this trip is great for participants looking to spend the day on the water and a night outdoors. This trip features a "disconnect to reconnect" agreement. Phones will be permitted for photos but all services will be turned off to allow participants the freedom to enjoy the trip without personal or community phone distraction. Trip registration includes transportation, trail fees, trail equipment, and associated recreational fees. Some paddling experience is recommended and the ability to swim is required.

## Gear Guide for Warm Weather

# Weekend Overnight Kayak/Canoe Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting or the day of trip.

### Equipment ROPE provides: ✓ Watercraft and PFD ✓ Dry Bag ✓ Sleeping Bag Sleeping Pad water **Bowl & Personal Utensils** Headlamp ✓ Whistle ✓ Tents Cooking Equipment Trail Meals Optional yet recommended ☐ 1-2 underwear ☐ Sun hat (strongly recommended) ☐ Campshoes (lightweight; e.g. sandals) ☐ 1 warm hat ☐ 1 pair of waterproof pants ☐ Bandana(s) ☐ Camera (H2O protection encouraged) Personal Towel ☐ Journal & Pen

Cards/Game

☐ Insect Repellent (DEET free)

One-liter back-up bottle required.

☐ Water reservoir (Camelbak)

# Necessary Personal Items: ☐ 1 Pair Shoes/Sandals for the water Footwear will be wet must have a heel strap and be appropriate for stepping in rocky Sunglasses (polarized recommended) ☐ 1 Hooded Rain Jacket (No Ponchos) ☐ 1 fleece or down jacket ☐ 1-2 Long sleeve synthetic shirt □ 0-2 synthetic T-shirts ☐ 1 synthetic pants (NO Cotton) 1-2 pair of synthetic/water shorts ☐ 1-2 socks (synthetic or wool) Personal toiletries (Toothbrush, etc.) 2 Bottles for water (storage for 2 liters/64oz) Medications (for allergies, etc.) You must inform us if you take any medications. Money for meals on the road (if applicable) Clean shoes for Travel

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from online suppliers or local thrift store. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Register for the Trip!