# **Day Kayaking**

Trinity River NWR, TX March 25

Registration closes March 23 at 12pm.

Trip Leaders: Sophia F., Grace Y., Emma L., Evan D.

### Saturday, September 16, 2017

8:30AM	Depart from Rice
10:00-10:45	Stage
11:00	Paddle
	Lunch on River
3-4:00PM	ETA Exit River
4:00-4:30PM	Load Trailer/Pack Up
ETA 6:00PM	Return to Rice and clean-up



Stretching from bottomland hardwood forests to the marsh waters of the Gulf Coast, the Trinity River National Wildlife Refuge offers the chance to see a variety of birds, reptiles, and marine life just outside of Houston. ROPE will teach you the basics of kayaking in the AM and then take you out for paddle as we hope to catch a glimpse of the local wildlife. This trip is open to participants of all experience levels but the ability to swim is required. Registration covers transportation, recreation area fees, outdoor equipment, and meals on trail.

## Gear Guide for Warm Weather

## Day Canoe Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting or the day of trip.

## Equipment ROPE provides:

- ✓ Watercraft
- ✓ Life Jacket
- ✓ Meals on Trail
- ✓ Water Reservoirs
- ✓ Bowl & Utensils (as needed)
- ✓ Headlamp (as needed)
- ✓ Dry Bags (as needed)

#### Necessary Personal Items:

- □ Two 1-liter water bottles (e.g., Nalgene)
- 1 Pair Shoes/Sandals for the water
  <u>Footwear will be wet and must have a</u> heel strap and be appropriate for stepping in rocky water.
- □ Rain jacket
- $\Box$  Long sleeve shirt Sun Shirt
- Swimwear or synthetic clothing
- □ Sunglasses (polarized recommended)
- 🗌 Hat
- Towel
- $\Box$  Spare set of Dry Clothes & Footwear
- □ Preferred Sunscreen
- $\Box$  Clean shoes for the van



### Optional yet recommended

- □ Backpack/day pack
- Camera
- $\Box$  Medications, if any taken
- □ Additional snacks
- □ Insect Repellent (DEET free)

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

**Register for the Trip!**