

Recess Backpacking

Sabine National Forest, TX

Trail between the Lakes

Spring Recess 2022



Registration closes February 7 at 4pm.

Monday February 7

Mandatory Pre Trip Meeting at Rec Center Classroom 160A

5:00PM – Bring all your clothing/gear to this meeting. We will assign group gear and teach you how to pack your backpack!

Wed February 9, 2020

4:00PM Depart OAC

*Dinner on the Road

8:00PM Set Camp & Campfire

Thurs February 10, 2020

On Trail

Friday February 11, 2020

On Trail

Saturday February 12, 2020

3:00 PM Exit Trailhead

3:30 PM Depart for Rice

*Dinner on the Road

7:00 PM Clean up at Rice

Wandering through Yellowpine forests of East Texas, the *Trail between the Lakes* stretches from the Toledo Bend Reservoir on the Louisiana Border to Sam Rayburn Reservoir in East Texas. A lightly travelled trail, we expect to enjoy a quiet and isolated trek beginning with a night at Lakeview Campground on the reservoir shore. The trail extends 28 miles in total and crosses numerous creeks and drainages but elevation changes are small or gradual. There will be many opportunities to see small wildlife as the trail runs along streams and wildlife habitats. The trip is open to participants of all levels, but good physical stamina is necessary to travel 7-10 miles a day carrying a 35-40 pound backpack. We hope you'll join us for a rejuvenating Spring Recess in nature!



Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Equipment we provide

- ✓ Backpack
- ✓ Sleeping bag
- ✓ Sleeping pad
- ✓ Tents
- ✓ Headlamp
- ✓ Personal Dishes
- ✓ Cooking equipment
- ✓ Meals on Trail

Optional yet recommended

- ☐ Camera
- ☐ Journal & Pen
- ☐ Deck of cards/games
- ☐ Camp shoes (light weight; e.g. flip flops)
- ☐ Sun hat
- ☐ Sunglasses
- ☐ Sun-block
- ☐ Bandana(s)
- ☐ Small hand towel
- ☐ Water Bladder

Necessary Personal items

- ☐ 1 pair of hiking boots or hiking shoes
- ☐ 2 bottles for water (storage for 2 liters)
- ☐ Medications (for allergies, stings, etc.)
You must inform us if you take medication.
- ☐ Toothbrush & Toothpaste and other toiletries
- ☐ 1-2 synthetic T-shirt/Long sleeve shirts
- ☐ 1 lightweight pants (zip-off preferable; NO jeans)
- ☐ 1 insulating pant layer
- ☐ 1 pair of synthetic shorts (opt.)
- ☐ 1 hooded rain jacket
- ☐ 1 Wind/water pant layer (resistant or proof)
- ☐ 1 insulating long-sleeve shirt
- ☐ 1 insulating fleece or jacket
- ☐ 2-3 pairs of hiking socks (synthetic or wool)
- ☐ 1-2 pairs of underwear
- ☐ Warm hat
- ☐ Gloves or mittens

Please leave jewelry and other non-essentials at home.

ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them.