Recess Backpacking

Sabine National Forest, TX

Trail between the Lakes Spring Recess 2022





Monday February 7

Mandatory Pre Trip Meeting

5:00PM – Bring all your clothing/gear to this meeting. We will assign group gear and teach you how to pack your backpack!

Wed February 9, 2020

4:00PM Depart OAC

*Dinner on the Road

8:00PM Set Camp & Campfire

Thurs February 13, 2020

On Trail

Friday February 14, 2020

On Trail

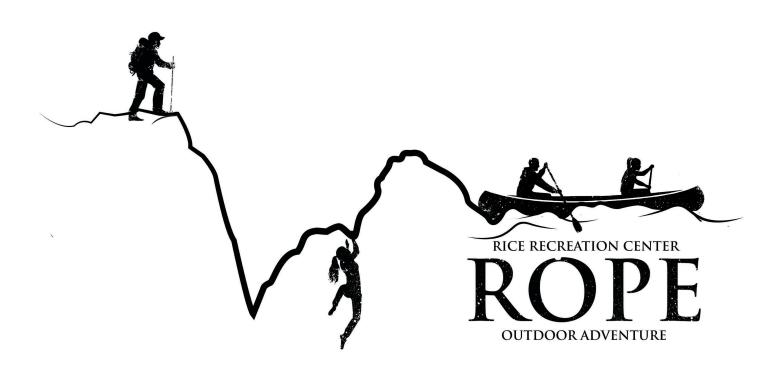
Saturday February 15, 2020

3:00 PM Exit Trailhead 3:30 PM Depart for Rice

*Dinner on the Road

7:00 PM Clean up at Rice

Wandering through Yellowpine forests of East Texas, the *Trail between the Lakes* stretches from the Toledo Bend Reservoir on the Louisiana Border to Sam Rayburn Reservoir in East Texas. A lightly travelled trail, we expect to enjoy a quiet and isolated trek beginning with a night at Lakeview Campground on the reservoir shore. The trail extends 28 miles total and crosses numerous creeks and drainages but elevation changes are small or gradual. There will be many opportunities to see small wildlife as the trail runs along streams and wildlife habitats. The trip is open to participants of all level, but good physical stamina is necessary to travel 7-10 miles a day carrying a 35-40 pound backpack. We hope you'll join us for a rejuvenating Spring Recess in nature!



Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Required items we provide	Required items we do NOT provide
✓ Backpack	☐ 1 pair of <u>hiking</u> boots or <u>hiking</u> shoes
✓ Sleeping bag	☐ 2 bottles for water (storage for 2 liters)
✓ Sleeping pad	☐ Medications (for allergies, stings, etc.)
✓ Tents	You must inform us if you take
✓ Headlamp	medication.
✓ Personal Dishes	☐ Toothbrush & Toothpaste and other
✓ Cooking equipment	toiletries
✓ Meals on Trail	
	Optional yet recommended
Necessary Personal clothing	☐ Camera
☐ 1-2 synthetic T-shirt/Long sleeve shirts	Journal & Pen
☐ 1 lightweight pants (zip-off preferable;	☐ Deck of cards/games
NO jeans)	☐ Camp shoes (light weight; e.g. flip
☐ 1 insulating pant layer	flops)
☐ 1 pair of synthetic shorts (opt.)	☐ Sun hat
☐ 1 hooded rain jacket	☐ Sunglasses
☐ 1 Wind/water pant layer (resistant or	☐ Sun-block
proof)	☐ Bandana(s)
1 insulating long-sleeve shirt	☐ Small hand towel
☐ 1 insulating fleece or jacket	☐ Water Bladder
2-3 pairs of hiking socks (synthetic or	
wool)	
☐ 1-2 pairs of underwear	
☐ Warm hat	
☐ Gloves or mittens	
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Please leave jewelry and other non-essentials at home.

ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them.