

# Recess Camping & Backpacking

Caprock Canyon SP, TX  
February 08 - 12



## Trip Leaders:

Hannah G., Emma L., & Sophia, F.

*Registration closes February 02 at 4:00pm.*

## **Friday February 03**

06:30PM Required Pre-Trip Meeting

## **Wednesday February 08**

4:00PM Depart from Rice  
Dinner on the Road

9:00PM Camp – Lewisville Lake

## **Thursday February 09**

7:00AM Depart for Caprock Canyon

12:00PM Arrive at State Park

## **Friday-Saturday February 10-11**

Backpacking

## **Sunday February 12**

6:00 AM Breakfast

7:00AM Depart for Rice

Lunch on the Road

6:00PM ETA Trip Check-in and Gear Cleaning

Carved into the Llano Estacado, Caprock Canyon is a beautiful mix of high plains and red canyons. Shaped by wind and water the plateau breaks up into cliffs, canyons, and badlands. In park there's a good chance to see the Texas State bison herd, tarantulas, giant centipedes, and bats. ROPE will spend 2 nights in a front country camp and 1 night backpacking out into backcountry canyon camps. This trip is open to participants of all experience levels but backpacking experience is recommended.

# Gear Guide for Cold Weather

## Backpacking Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting.

### Equipment ROPE provides:

- ✓ Backpack w/ rain cover
- ✓ Sleeping Bag
- ✓ Sleeping Pad
- ✓ Bowl & Personal Utensils
- ✓ Headlamp
- ✓ Whistle
- ✓ Tents
- ✓ Cooking Equipment
- ✓ Meals on Trail

### Optional yet recommended

- Sunglasses (strongly recommended)
- Camera (H2O protection encouraged)
- Campshoes (lightweight; e.g. sandals)
- 1 pair of waterproof pants
- Sun hat
- Bandana(s)
- Journal & Pen
- Cards/Game
- Water reservoir (Camelbak)
  - One-liter back-up bottle required.

### Necessary Personal Items:

- 1 Pair of Hiking Boots or Hiking Shoes\*
- 1-2 of hiking socks (synthetic or wool)
- 1 Hooded Rain Jacket (No Ponchos)
- 1 heavy fleece or down jacket
- 1-2 Long sleeve synthetic shirts
- 1-2 synthetic T-shirts (NO cotton)
- 1-2 of underwear
- 0-1 synthetic shorts
- 1-2 synthetic pants (NO cotton)
- 1 insulating long-sleeve shirt
- 1 insulating legs layer
- 1 warm hat
- Warm gloves
- Personal toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters/64 oz)
- Small and lightweight face towel (4x4in)
- Medications (for allergies, etc.)  
**You Must inform us if you take any medications.**
- Money for meals on the road (if applicable)
- Clean shoes for travel

\*Footwear Guidance: Appropriate footwear for backpacking is a sliding scale largely based around prior experience and terrain. The more challenging and rocky a trail is, the greater requirement for hiking shoes or boots. An established trail through the forest offers more flexibility for trail shoes. Participants with weeks of trail experience may consult with trip leaders on preferred footwear. Some restrictions may still apply including prohibitions on sandals.

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

**These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.**

**[Register for the Trip!](#)**