General IMS Policies and Procedures

All participants are required to complete a waiver of liability form each year. All participants in intramural sports activities assume the risk of injury. Rice University, its employees and agents shall not be liable for injury to person, loss, or damage to personal property arising from or in any way resulting from participation in the intramural sports activities.

Official USVBA rules will be used with the following additions, exceptions, and clarifications. *If you have further rules questions, please contact* ims@rice.edu.

Captains are required to read the general IM Rules and Eligibility, and inform their team of any changes to policies and/or procedures!

Starting the Game

An official team is composed of at least two players (1 woman and 1 man), three players (2 women and 1 man or 1 woman and 2 men), or four players (2 men and 2 women), unless the other team agrees to other arrangements.

Equipment of Players

Teams must provide their own balls and personal equipment. Lines may need to be drawn in the sand.

Length of Matches

Intramural Sand Volleyball matches are best-of-three rally-scoring sets. A set (except the deciding, 3rd set) is won by the team which first scores 21 points with a minimum lead of two points. In the case of a 20-20 tie, play is continued until a two-point lead is achieved. However, if neither team is able to win the game by two or more points, the first team to score 25 points shall win the game, even if they only have a one-point lead. If a third set is necessary, it is played to 15 points (20 point hard cap) with a minimum lead of two points. Teams will switch sides every 7 points. For example, when the score is 4-3 the teams would switch sides.

Substitutions

Each team will be allowed a maximum of four substitutes on the roster. Substitutions will be limited to four per game. Free substitution is at the server’s position. Free substitution, male for male and female for female, will take place at the time of gained service, replacing the next server.
**Scoring Method**

All Intramural Coed Sand Volleyball sets will be played with rally scoring.

**Service**

The serving order will be an alternation of male and female. When the ball is played more than once by a team, at least one of the contacts must be made by a female player. Contact with the ball while in the act of blocking shall NOT constitute playing the ball. Back row players will not be allowed to participate in front line blocking. Players may not catch and throw the ball. If a player catches and throws the ball it will be called a lift and the other team will receive the point. Players may not touch the ball twice in a row, blocks do not count. If a player touches the ball twice in a row it will be called a double and the other team will receive the point.

**At the Net**

Players may not touch any part of the net. If a player touches the net the other team will receive the point.

**Contacting the Ball**

The serving order will be an alternation of male and female. When the ball is played more than once by a team, at least one of the contacts must be made by a female player. Contact with the ball while in the act of blocking shall NOT constitute playing the ball. Back row players will not be allowed to participate in front line blocking. Players may not catch and throw the ball. If a player catches and throws the ball it will be called a lift and the other team will receive the point. Players may not touch the ball twice in a row, blocks do not count. If a player touches the ball twice in a row it will be called a double and the other team will receive the point.

**Team Captains**

The team captain should be the person responsible for contacting IM staff and opposing captains. The captain or coach will be in charge of calling time-outs, substitutions etc.

**Time Outs**

Each team is allowed two time-outs per game. Each time-out shall not exceed one minute.
Please Note: All final decisions to eligibility and game rules will be at the discretion of the Competitive Sports Staff.

FURTHER QUESTIONS OR COMMENTS MAY BE DIRECTED TO:

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