Day Canoeing
Sea Rim State Park

Trip Leaders: Walker Grimes and Steven Schepanski

Schedule:

Saturday March 2nd, 2019
9:00AM        Meet at OAC
9:15AM        Depart from Rice
11:30AM       Arrive at Sea Rim
12-4PM        Canoeing
4:00PM        Depart for Rice
6:30PM        Finish Clean-up & Trip Debrief

Spend a day on the beautiful salt marshes with ROPE as we canoe around Sea Rim State Park. Be on the lookout for an abundance of migratory and sea faring bird as well as a local alligator lurking about! Trip costs include transportation, lunch, and necessary equipment. This trip is open to participants of all skill levels.

Registration closes Thursday February 28th at 12pm.
# Gear List for Day Canoe Trips – Warm Weather

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

## Essential items ROPE provides:
- ✓ Life Jacket
- ✓ Water Purification
- ✓ Sunscreen
- ✓ Bowl & Utensils (as needed)
- ✓ Headlamp (as needed)

## Necessary Personal Items
- □ Two 1-liter water bottles (e.g., Nalgene)
- □ Water Shoes/Sandals
  *Footwear must have a heel strap and be appropriate for stepping in rocky water.*
- □ Light jacket or long sleeve shirt
- □ Rain jacket
- □ Swimwear or synthetic clothing
- □ Sunglasses
- □ Hat
- □ Clean shoes for ride home.

## Optional yet recommended
- □ Backpack/day pack
- □ Camera
- □ Change of clothes & towel for the ride home (in case you get wet!)
- □ Medications, if any taken
- □ Additional snacks
- □ Preferred Sunscreen
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

| Alcohol, tobacco, and recreational drugs |
| will not be tolerated on any trips led by ROPE. If you have such items, do not bring them! |