Backpacking
Ouachita Mountains, AR

Monday November 24th
6:00PM – PreTrip Meeting 160A

Wednesday November 27th
Eat dinner before coming to the Rec Center
6:00 PM – Meet at the Outdoor Adventure Center
6:30PM – Depart in van
10:30PM – Arrive at overnight campground (NE TX/SE AR)

Thursday
7:00 AM – Breakfast
8:00AM – Depart for Trailhead
11:00AM – Trailhead
12:00PM – Lunch/On Trail

Friday – On Trail
Saturday – On Trail

Sunday – December 1st
12-2PM – Arrive at Trailhead
6PM – On Road Meal
7-8PM – Clean-up at Rice

Thanks!

Registration Closes November 22nd at 4pm

ROPE is stoked to head back to the Eagle Rock Loop section of the Ouachita National Forest this Thanksgiving Break. A combination of the Little Missouri, the Athens-Big Fork and part of the Viles Branch Horse Trail, this trail travels through the southwestern portion of the Ouachita National Forest. Trail difficulty ranges from easy to most difficult. The trail has numerous river, stream and creek crossings and travels over nine mountains. This trail is rocky has multiple strenuous sections, so backpacking experience and appropriate footwear are required.
Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

## Essential items ROPE provides:
- Backpack
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Whistle
- Tents
- Cooking Equipment
- Trail Meals

## Necessary Personal Items
- 1 Pair of Hiking Boots or Hiking Shoes
- 2-3 of hiking socks (synthetic or wool)
- 1-2 synthetic T-shirts
- 1-2 Long sleeve synthetic shirts
- 1-2 synthetic pants (zip-off preferable; NO jeans)
- 0-1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 1 pair of waterproof pants
- 1 heavy fleece or down jacket
- 1-2 insulating long-sleeve shirt
- 1 insulating legs layer
- 2-4 of underwear
- 1 warm hat
- Warm gloves
- Personal toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters/64 oz)
- Small and lightweight face towel (4x4in)
- Medications (for allergies, etc.)

You Must inform us if you take any medications.

## Optional yet recommended
- Sunglasses (strongly recommended)
- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
  - One-liter back-up bottle required.
- Bandana(s)
- Stuff sacks

## Small Bag for the Road
- 1 pair pants/shorts
- 2 shirts
- 2 underwear
- 1-2 socks
- Toiletries for shower
- Money for meals on the road
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!