Stand-up Paddleboarding
Lake Houston, TX

Schedule:

Saturday, April 11, 2020
9:45 AM: Meet at the Outdoor Adventure Center
10:00 AM: Depart for Lake Houston
11:00 AM: Arrive at park
12:00 PM: Head out on the Lake or Trails
4:00 PM: Depart for Campus
5:00 PM: Cleaning and Debrief

Spend a relaxing day with ROPE as we visit a local outdoor setting. Fed by the San Jacinto River, Lake Houston is the cities primary water reservoir. We will launch from local park and explore the nearby shoreline, dam, or river banks according wind conditions and location. During a break participants are invited to relax on shore or explore a nearby park trail. In the event of high winds, the trip will relocate north to Houston Wilderness Park to explore a large system of trails. Although floatation jackets are provided, the ability to swim is required to participate in this activity. Participants can expect to fall in deep water while learning to paddle.
Packing List:

ROPE Provided:

- Lunch on Trail
- PFD
- Watercraft

Required:

- Two 1-liter water bottles (e.g., Nalgene)
- Swimwear or synthetic clothing
- Sunglasses
- Hat
- Towel
- Change of Clothes
- Light jacket
- Shoes
- Rain jacket

Optional but recommended:

- Camera
- Change of clothes & towel for the ride home (in case you get wet!)
- Medications, if any taken
- Additional snacks
- Backpack/day pack
- Sunscreen
- Water Shoes/Sandals with Heel Strap

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!