Day Canoeing

Neches River, TX
Cooks Lake Paddle Trail
March 8, 2020

Registration closes March 5 at 4pm.

Schedule
Sunday March 8, 2020
8:00 AM – Meet at the OAC – continental breakfast
8:30 AM – Depart for Beaumont, TX
10:30 AM – Arrive at put-in on Neches River
11:00 AM – Teach canoeing basics and safety
Mid-day – Lunch at the put-in, then canoeing!
~4:30 PM – Depart from river
6:30PM – Arrive at Rice
7:00PM – Clean gear and finish.

Experience the natural beauty and biodiversity (birds! Alligators!) of the Cooks Lake Paddle Trail in Big Thicket National Preserve, only a few hours outside of Houston. We will navigate basics of canoeing while paddling through a moss-draped cypress forest and enjoying a casual lunch on trail. No paddle experience is required, as the water is generally calm and gentle, and all are welcome! The ability to swim is required.

Depending on water levels and speed, the paddling trail can take between 2 and 5 hours, which could affect the time we arrive back at Rice.
Gear List for Day Canoeing

Please dress & pack appropriately for this trip and your comfort. All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

ROPE Provided:
- Dry Bag
- Lunch on Trail
- PFD
- Canoes

Required:
- Two 1-liter water bottles (e.g., Nalgene)
- Tennis shoes or water shoes – be prepared for wet feet!
- Light jacket
- Long sleeve insulating layer
- Rain jacket
- Swimwear or synthetic clothing
- Sunglasses
- Hat

Optional but recommended:
- Camera
- Change of clothes & towel for the ride home (in case you get wet!)
- Medications, if any taken
- Additional snacks
- Backpack/day pack
- Sunscreen

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip.

**Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!**