Intro to Camping
Bastrop State Park, TX
February 01-02, 2020

Registration closes Thursday January 30 at 4pm.

Schedule:
Pretrip Meeting:
Thursday January 30, 8:00 – 8:30PM at OAC

Saturday February 01, 2020
8:00AM Meet at OAC, light breakfast provided
8:15AM Depart from Rice
10:45AM Arrive at Bastrop
11:00AM Biking (see description below) or Hiking, Lunch on trail
4:00PM Set up camp
6:00PM Dinner
8:00PM Campfire

Sunday February 02, 2020
8:00AM Breakfast
9:30AM Day Hike, Lake Time
12:00 PM Lunch
1:00PM Depart for Rice
3:30PM Finish, Clean-up & Trip Debrief

Spend a night in the great outdoors with ROPE as we cover the basics for making your next camp trip a success. Learn how to pitch a tent, how to cook basic camp meals and even how to build a crackling campfire! During the day the park offers opportunities for hiking, biking and swimming. Biking options require participants to bring their own bike and helmet, and will follow a 24 mile round trip park road to Buescher State Park and back. Trip costs include transportation, food, and necessary equipment. This trip is open to participants of all skill levels.
Gear List for Camping Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

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### Essential items ROPE provides:
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Tents
- Cooking Equipment
- Trail Meals

### Necessary Personal Items
- 1 Pair of Hiking Boots or Hiking Shoes
- 1-2 of hiking socks (synthetic or wool)
- 1-2 synthetic T-shirts
- 1 Long sleeve synthetic shirts
- 1 synthetic pants (zip-off preferable; NO jeans)
- 0-1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 1 heavy fleece or down jacket
- 1 insulating long-sleeve shirt
- 1 insulating legs layer
- 1-2 of underwear
- 1 warm hat
- Warm gloves
- Personal toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters)
- Small and lightweight face towel (4x4in)
- Medications (for allergies, etc.)

**You Must inform us if you take any medications.**

- Money for meals on the road.

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### Optional yet recommended
- **✓** Sunglasses (strongly recommended)
- **✓** Camera (H2O protection encouraged)
- **✓** Journal & Pen
- **✓** Cards/Game
- **✓** Favorite Snack Foods
- **✓** Lightweight Drinking Mug
- **✓** Campshoes (lightweight; e.g. sandals)
- **✓** Sun hat
- **✓** Camelback water bladder
- **✓** Bandana(s)
- **✓** Stuff sacks
- **✓** Personal Bike & Helmet
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

**These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.**

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Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!
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