Backpacking

Little Lake Creek Wilderness, Sam Houston Natl Forest, TX

Schedule

**Wednesday January 22, 2020**
7:00 PM – Pre-trip Meeting at OAC

**Saturday January 25, 2020**
7:00 AM – Meet at Outdoor Adventure Center
7:30AM – Depart in van for Sam Houston National Forest
9:00AM – Arrive at Trailhead
Mid-Day – Lunch on Trail
Evening – Set up camp, dinner

**Sunday January 26, 2020**
7:30 AM – Wake up and breakfast, break down camp
9:30 AM – Hike back!
Mid-Day – Lunch on trail
2-4PM – Arrive at Trailhead
6:00PM – Arrive at Rice
6:30PM – Clean gear and finish.

Registration closes January 14 at 4pm

Sam Houston National Forest is a beautiful forested wilderness area just out of Houston, including foothill mixed hardwoods and cypress bayous. We will hike a loop through the Little Lake Creek Wilderness. In this area, the forest has been allowed to return to a more natural state free of human activity, giving us a taste of wild Texas. Join us for a basic introduction to backpacking and camping basics, a great hike, and an escape from the hustle and bustle of life in Houston.
# Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

### Required items we provide
- Backpack
- Sleeping bag
- Sleeping pad
- 1 plastic bowl
- 1 spoon
- 1 knife
- Headlamp
- 1 large trash bag
- Whistle

### Necessary Personal clothing
- 1 synthetic T-shirt/Long sleeve shirts
- 1 lightweight pants (zip-off preferable; NO jeans)
- 1 insulating pant layer
- 1 pair of synthetic shorts (opt.)
- 1 hooded rain jacket
- 1 Wind/water pant layer (resistant or proof)
- 1 insulating long-sleeve shirt
- 1 insulating fleece or jacket
- 1-2 pairs of hiking socks (synthetic or wool)
- 1-2 pairs of underwear
- Warm hat
- Gloves or mittens

### Required items we do NOT provide
- 1 pair of hiking boots or hiking shoes
- 2 bottles for water (storage for 2 liters)
- Medications (for allergies, stings, etc.)
  - You must inform us if you take medication.
- Toothbrush & Toothpaste and other toiletries

### Optional yet recommended
- Camera
- Journal & Pen
- Deck of cards/games
- Favorite snack food
- One drinking cup or insulated mug
- Camp shoes (light weight; e.g. flip flops)
- Sun hat
- Camelback
- Sunglasses
- Sun-block
- Bandana(s)
- Small hand towel
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!