

### Fall 18

Course Number and Name	Day/Time	Class Location	Instructor
LPAP 100 - INTRODUCTION TO TENNIS	TTh 9:25am-10:15am	Tennis CT/MAC Gym	McGee
LPAP 110 - INTRODUCTION TO GOLF	TTh 9:25am-10:15am	Hermann Park /Rec 220	Barron
LPAP 110 - INTRODUCTION TO GOLF	MW 9:00am-9:50am	Hermann Park /Rec 220	Barron
LPAP 118 - INTRODUCTION TO TEAM SPORTS	MW 3pm-3:50pm	Field 2/MAC Gym	Watkins
LPAP 120 - DISC GAMES	W 3pm-4:40pm	Field O'Connor/ Gym 2	Cortez
LPAP 125 - INTRODUCTION TO SOCCER	TTh 2:30-3:20pm	Field 3/ MAC Gym	Martin
LPAP 133 - CAPOEIRA	W 9am-10:40am	Dance Theater	Bowens
LPAP 134 - INDIAN DANCE	MW 11am-12:05pm	MPR 3	Kumar
LPAP 135 - INTRODUCTION TO DANCE	TTh 10:00 am-10:50am	Dance Theater	Bobet
LPAP 135 - INTRODUCTION TO DANCE	TTh 1:00-1:50pm	Dance Theater	Bobet
LPAP 137 - INTRO TO EAST COAST SWING	TTh 2:30pm-3:35pm	MPR 2	Banta
LPAP 138 - INTRO TO SALSA/MAMBO & CHA CHA	TTh 11am-12:05pm	MPR 2	Banta
LPAP 138 - INTRO TO SALSA/MAMBO & CHA CHA	TTh 4:00pm-5:05pm	MPR 2	Banta
LPAP 144 - COUNTRY WESTERN DANCE	TTh 1pm-2:05pm	MPR 2	Banta
LPAP 155 - INTRODUCTION TO BALLET	MW 11am-12:05pm	Dance Theater	Peck
LPAP 157 - JAZZ DANCE/HIP HOP	TTh 11am-11:50am	Dance Theater	Bobet
LPAP 164 - FITNESS SWIMMING	TTh 9:25am-10:15am	Comp Pool/ Wet Room	Hill
LPAP 164 - FITNESS SWIMMING	MW 1pm-1:50pm	Comp Pool/ Wet Room	Huston
LPAP 166 - BEGINNING SWIMMING	MW 1:00pm-1:50pm	Comp Pool/ Wet Room	Hill
LPAP 170 - YOGA	MW 2pm-2:50pm	MPR 3	Buergermeister
LPAP 170 - YOGA	MW 3pm-3:50pm	MPR 3	Buergermeister
LPAP 171-Tai Chi	W 7pm-8:30pm	Theater	Wu
LPAP 172 - INTRODUCTION TO FENCING	MW 1pm-1:50pm	MAC Gym	Soliman
LPAP 178 - THE ART OF RELAXATION	MW 4pm-4:50pm	MPR 3	Buergermeister
LPAP 180 - WALK, JOG, RUN	TTh 5pm-5:50pm	Gym 1	Oliveira
LPAP 182 - WEIGHT TRAINING	TTh 9:25am-10:15am	Weight room	Lauderdale
LPAP 183 - WEIGHT TRAINING & CONDITIONING	MW 9am-9:50am	Weight room	Faris
LPAP 186 - PILATES	TTh 1pm-1:50pm	MPR 3	Leach
LPAP 186 - PILATES	TTh 2pm-2:50pm	MPR 3	Leach
LPAP 187 - GROUP FITNESS	MW 9am-9:50am	MPR 1	Pinzon-Cancino
LPAP 190 - INTRO TO OUTDOOR RECREATION	Th 2:30pm-4:10pm	Rec 160A	Cortez
LPAP 194 - SCUBA	W 6:30pm-9:00pm	Rec 160A/Comp Pool	Baber
LPAP 197 - DISCOVERING PERSONAL WELLNESS	W 5pm-6:40pm	Rec 160A	Faris
LPAP 198 - NUTRITION	W 5pm-6:40pm	Rec 220	Hastings
LPCR 200 - ADVANCED MENTAL TRAINING	F 12pm-1:30pm	Rec 220	Slator