Backpacking
Hill Country State Natural Area, Bandera, TX

Schedule
Friday, November 6th
Eat dinner before coming to the Rec Center
6:00 PM – Meet at the Outdoor Adventure Center
6:30 PM – Depart in van
12:00 AM – Arrive at Hill Country State Natural Area, set up camp, sleep

Saturday, November 7th
7:30 AM – Breakfast and break camp
9:00 AM – Hit the trail!
12:00 PM – Lunch on the trail
5:00 PM – Set up camp
6:00 PM – Cook dinner
10:00 PM – Sleep

Sunday, November 8th
7:30 AM - Breakfast and break camp
9:00 AM - Hit the trail!
12:00 PM - Lunch on the trail
2:00 PM - Arrive back at the van
2:30 PM - Depart for campus
6:00 PM - Stop for dinner (most likely in Columbus, TX)
8:30 PM - Arrive back on campus - Gear cleaning
9:30 PM - Done!
# Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

**All gear that is listed as provided must still be rented out by each participant** at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

## Required items we provide

- Backpack
- Sleeping bag
- Sleeping pad
- 1 plastic bowl
- 1 spoon
- 1 knife
- Headlamp
- 1 large trash bag

## Necessary Personal clothing

- 2 synthetic T-shirts
- 1 lightweight pants (zip-off preferable; NO jeans)
- 1 pair of synthetic shorts
- 1 hooded rain jacket
- 1 insulating long-sleeve shirt
- 3-4 pairs of hiking socks (synthetic or wool)
- 3-4 pairs of underwear

## Required items we do NOT provide

- 1 pair of hiking boots or hiking shoes
- 1 pair of sandals or lightweight shoes for river crossings
- 2 bottles for water (storage for 2 liters)
- Medications (for allergies, stings, etc.) **You must inform us if you take medication.**
- Toothbrush & Toothpaste and other toiletries

## Optional yet recommended

- Camera
- Journal & Pen
- Deck of cards
- Favorite snack food
- One drinking cup or insulated mug
- Camp shoes (light weight; e.g. flip flops)
- Sun hat
- Camelback
- Sunglasses
- Sun-block
- Bandana(s)
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!