Backpacking
Superstition Mountains, AZ

$475 Student Member
$550 Community/Staff Member
*Participants cover 9 meals during road travel.

ROPE will be holding two meetings to ensure that participants are prepared for this adventure.
Attendance is necessary for participation.

Informational Meeting:
Feb. 22nd 5:30pm in Rec Classroom 160A

Mandatory Pre-Trip Meeting:
March 8th 5:30pm in Rec Classroom 160A
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This is a tentative itinerary. We are busy at work working the best options for us to spend our time!

**Wed-Thurs, March 8-9**
Pack and Load Vehicles!

**Friday March 10**
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6:30PM – Meet at Outdoor Adventure Center
6:45PM – Depart in van
11:00PM – Camp West of San Antonio
*Eat Dinner Before Arriving

**Saturday March 11**
6:30AM – Breakfast
7:30AM – Depart in van
4:00PM – Camp near El Paso/White Sands Natl. Monument, NM
*Lunch & Dinner on road

**Sunday March 12**
6:30AM – Breakfast
7:30AM – Depart in van
7:00PM – Camp near Tortilla Flats, AZ
*Lunch & Dinner on road

**Monday March 13**
8:00AM – Breakfast
9:00AM – Permit and Cache
Day Hiking near T. Roosevelt Lake
6:00PM – Camp near Tortilla Flats, AZ
*In town Dinner possible

**Tuesday March 14 – 16**
On Trail – Superstition Mountains

**Friday March 17**
On Trail – Superstition Mountains
Exit Trail

**Saturday March 18**
6:30AM – Breakfast
7:30AM – Depart in van
8:00PM – Camping in West Texas/East New Mexico
*Lunch & Dinner on Road

**Sunday March 19**
6:30AM – Breakfast
7:30AM – Depart in van
8:00PM – Arrive
*Lunch & Dinner on Road
ROPE is excited to offer this incredible trip into the American high desert. The terrain is inspiring but can be hazardous. Slot canyons change with each seasonal rain, where flash floods can quickly appear and carry boulders and sediment crashing down the canyon.

ROPE will conduct this trip with all due caution and risk management in order to safeguard the health and wellbeing of our participants. Participants should expect a moderately difficult and sometimes strenuous trip. The terrain is often rugged and participants will find themselves walking through cold pools of water frequently before drying off at the day’s end. The challenge is high, but the rewards are great with such an experience.

In addition to being much more arid than Houston, the desert environment can be quite cold at night with large swings in temperature during the day. During this season we can expect 30F nights with cooler days spent inside the canyon. There will be extended periods during which the sun will not touch the canyon floor.

**Participants are expected to:**
- Be in good physical and mental health and possess the physical strength to manage challenges including: carrying a 35lb backpack, scramble boulder fields with rope guides, hike for 10-13 miles over rugged terrain, maintain composure during challenges.
- Learn and practice exemplary Leave No Trace philosophy and methods.
  
  *Hikers must carry out all trash – ROPE will help educate!* 😊
- Follow directions where the group takes precautionary action to minimize risk.
- Provide essential footwear and clothing that meets the demands of this trip.
  
  *Hiking boots/shoes are required. Sneakers and running shoes will not be permitted as hiking footwear.*
Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

### Essential items ROPE provides:
- Backpack
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Whistle
- ROPE Buff
- Tents
- Water Filters
- Cooking Equipment
- Trail Meals

### Necessary Personal Items
- 1 Pair of Hiking Boots or Hiking Shoes
- Medications (for allergies, etc.)
  **You Must inform us if you take any medications.**
- 2 synthetic T-shirts
- 1-2 Long sleeve synthetic shirts
- 1 synthetic pants (zip-off preferable; NO jeans)
- 1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 1 warm fleece or down jacket
- 1 insulating long-sleeve shirt
- 1 insulating legs layer
- 3-4 of hiking socks (synthetic or wool)
- 3-4 of underwear
- 1 warm hat
- Personal Toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters)
- Warm Gloves
- Small and lightweight face towel (4x4in)

### Optional yet recommended
- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Lightweight Drinking Mug
- Campshoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
- Sunglasses
- Bandana(s)
- Stuff sacks

### Small Bag for Travel
- 1 pair pants/shorts
- 2 shirts
- 2 underwear
- 1-2 socks
- Toiletries for shower
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

**These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.**

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!