Backpacking
Lone Star Trail, Sam Houston Natl Forest

Schedule
Wednesday March 30th
6:45PM – Meet at the Outdoor Adventure Center
7:00PM – Depart in van
8:30PM – Arrive at Trailhead
9:00PM – Short night hike to campsite

Thursday March 31st
On Trail

Friday April 1st
On Trail

Saturday April 2nd
On Trail
Camp at Huntsville SP

Sunday April 3rd
Day Hike in Huntsville SP
2:00PM – Depart at Huntsville SP
3:30PM – Arrive at Rice
4:30PM – Clean gear and finished.

The Lone Star Trail is the only long-distance National Recreation Trail in Texas. The trail runs 128 miles through the diverse forests of Texas including foothill mixed hardwoods and cypress bayous. The trail meanders through flat and gently rolling forests of pine, oak, and mixed hardwood in the Sam Houston National Forest, and cypress swamps and bayous of Big Thicket area in east Texas. The seemingly endless variation of forests, much of it designated wilderness, provides a retreat for backpackers and bird watchers year-round.

The trail is suitable for beginners, though ROPE recommends completing at least 1-2 hikes with a 20 pound backpack in preparation.
Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Required items we provide

- Backpack
- Sleeping bag
- Sleeping pad
- Bowl and Personal Utensils
- Headlamp
- 1 large trash bag
- Whistle

Necessary Personal clothing

- 2-3 synthetic T-shirts
- 1 lightweight pants (zip-off preferable; NO jeans)
- 1 pair of synthetic shorts
- 1 hooded rain jacket
- 1 insulating long-sleeve shirt/jacket
- 3-4 pairs of hiking socks (synthetic or wool)
- 3-4 pairs of underwear
- Warm hat

Optional yet recommended

- Camera
- Journal & Pen
- Deck of cards
- Favorite snack food
- One drinking cup or insulated mug
- Camp shoes (light weight; e.g. flip flops)
- Sun hat
- Camelback
- Sunglasses
- Sun-block
- Bandana(s)

Required items we do NOT provide

- 1 pair of hiking boots or hiking shoes
- 2 bottles for water (storage for 2 liters)
- Medications (for allergies, stings, etc.) 
  You must inform us if you take medication.
- Toothbrush & Toothpaste and other toiletries
It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

Alcohol, tobacco, and recreational drugs will not be tolerated on any trips led by ROPE. If you have such items, do not bring them!