

Backpacking

Lost Maples SNA, Texas

Pre-Trip Meeting : Outdoor Adventure Center
Wednesday November 8th – 6:00pm



Schedule

Saturday November 11th

A continental breakfast will be available

8:30 AM – Meet at the Outdoor Adventure Center

9:00AM – Depart for

12:00PM – Lunch on the road near San Antonio

3:00PM – Arrive at Lost Maples

Sunday November 12th

On the Trail!

PM – Dinner on the road

8-10PM Arrive at Rice University

45 minutes for gear check in and cleaning

ROPE is off to the catch the fall colors at Lost Maples State Natural Area. Located on the Edwards Plateau in central Texas, this area is home to a rare stand of Uvalde Bigtooth maples, whose fall foliage is spectacular. We will backpack out to our campsites, spend the night, and enjoy 2 days of hiking in one of Texas' most scenic natural areas. Registration fees covers transportation, meals on trail, outdoor gear, and associated recreation fees. Participants will cover 2 meals on the road.

This trip is open to participants of all experience levels. Participants can expect to hike up to 10 miles in a day and carry a 30 pound backpack for a shorter section of the day's hiking.

Gear List for Backpacking Trips

Please dress & pack appropriately for this trip. Make sure to bring everything listed below to ensure a comfortable and successful backpacking trip!

All gear that is listed as provided must still be rented out by each participant at the pre-trip meeting or some other time arranged with the trip leaders. There is no fee for this rental.

Essential items ROPE provides:

- Backpack
- Sleeping Bag
- Sleeping Pad
- Bowl & Personal Utensils
- Headlamp
- Whistle
- Tents
- Water Purification
- Cooking Equipment
- Trail Meals

Optional yet recommended

- Camera (H2O protection encouraged)
- Journal & Pen
- Cards/Game
- Favorite Snack Foods
- Camp shoes (lightweight; e.g. sandals)
- Sun hat
- Camelback water bladder
- Sunglasses
- Bandana(s)
- Waterproof stuff sacks
- Warm Gloves
- Small and lightweight hand towel

Necessary Personal Items

- **1 Pair of hiking shoes/boots.***
- **Medications (for allergies, etc.)**
You Must inform us if you take any medications.
- 1-2 synthetic T-shirts
- 1 Long sleeve synthetic shirts
- 1 synthetic pants (zip-off preferable; NO jeans)
- 1 pair of synthetic shorts
- 1 Hooded Rain Jacket (No Ponchos)
- 1 warm fleece or down jacket
- 1-2 of hiking socks (synthetic or wool)
- 1-2 of pairs underwear
- 1 warm hat
- Personal Toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters)
- Money for on-road meals

*Appropriate footwear is essential towards facilitating an enjoyable experience on the trail. Participants will be hiking up to 10 miles each day carrying between 25-30lbs. Participants should contact trip leaders with footwear questions.

It is not necessary for you to purchase a lot of expensive equipment; many items listed above you may already own. Items that you choose to purchase may be available at low cost from mail order suppliers or your local outdoor specialty shop. Our major concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

**Alcohol, tobacco, and recreational drugs
will *not* be tolerated on any trips led by ROPE. If you have
such items, do *not* bring them!**