Rice University
Lifetime Physical Activity Program
Course Syllabus

Introduction to Outdoor Leadership: LPAP 117
Days: Thursdays
Time: 2:30-4:10
Instructor: Erin Daniels
Email: Erin.M.Daniels@rice.edu
Office Hours: By Appointment
Course Location: Recreation and Wellness Center, Room 220

**Class Description:** This course is designed to be a fun and engaging introduction to basic outdoor leadership and outdoor ethics. This class will be centered around learning how to plan a multi-day trip, but we will also be learning about outdoor recreation in general, outdoor equipment and how to use it, and we will also have a mandatory rock climbing night at the Texas Rock Gym, and no experience is necessary. The fee for this class is $30 (for rock climbing).

**Topics include:**
- Outdoor Leadership
- Outdoor Trip Planning
- Camping and Backpacking skills
- Leave No Trace
- Rock Climbing

**Equipment:** Equipment will be provided for this class.

**Dress:** Appropriate clothing is needed for activities. Please dress comfortably, as we may be going outside, as well as setting up outdoor equipment such as tents and stoves.

**Location:** Due to the nature of this class, most of the time we will be meeting in Room 220, however there may be classes that we meet elsewhere. It is the student’s responsibility to know where class will be held.

**Class Points:**
Outdoor Trip Planning-200 points
Final Trip Plan -100 points
Backcountry Cooking -100 points
Class Participation -50 points
Rock Climbing -50 points
**Grading:** LPAP grades will appear on transcripts. To receive credit for LPAP classes, you must get a passing grade. One LPAP class is required to graduate.

Final Grades will be based on the following:
500 total points possible
A 500-450
B 449-300
C 299-250
D 249-200
F below 199

**Recreation Center Access:** All students will be required to swipe their Rice I.D. to gain access into the Recreation Center building for class. BRING YOUR RICE I.D. EVERYDAY.

**Honor Code Violations:** All students are expected to uphold their pledge to the Rice Honor Code. Any student suspected of cheating on an exam or written assignment will be reported to the Chair of the Honor Council, and an investigation will ensue. Any questions that you may have about what constitutes an honor code violation in this class can be directed to the instructor.

**Attendance Policy:** Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed one “free” absence. Should a student miss an additional class, she/he will need to arrange to make up the missed class at a time and place that is agreed upon by both the student and the instructor. It is the responsibility of the student to initiate conversation with the instructor to discuss the make-up, and an agreement must be reached between the student and instructor within two weeks of the absence. If a student fails to make up a missed second class, his/her final grade will drop by one or two grade letters, respectively.

Please note, students will not be allowed to make up more than one class. Three total absences, including those that were made up and no matter their circumstance, will result in a failing grade in the class.

**Special Needs:** Any student with a documented disability needing academic adjustments or accommodations is requested to speak with me during the first two weeks of class. All discussions will remain confidential. Students with disabilities will need to also contact Disability Support Services in the Ley Student Center.