Free Throw and 3-Point Contests

Event format
There is no set order for competing; instead contestants will sign-in at one of the two contest stations. Names will be called in order of sign-in.

Free Throw contest rules:
1. Each competitor will get 20 free throw attempts.
2. Once a contestant shoots their first shot, they must finish their round without interruption.
3. There is no time limit for this event, but contestants are not allowed an extended break between shots.
4. Any lane violation will result in an automatic miss for that attempt.
5. If a competitor makes at least 16 out of 20 attempts, they will get an additional five attempts (used for tiebreaker).
6. If there is a tie, the five extra attempts will be used as the tiebreaker. If they are still tied, the contestant with the longest run of made baskets will be declared the winner.

Three Point contest rules
1. Each competitor will have 90 seconds to shoot five 3-point attempts at five different locations behind the arc.
2. The five locations will be marked by colored floor tape.
3. Instead of using traditional ball racks, the shooter will instead receive the basketballs from a designated staff member. This will be the only person passing the basketballs to the shooter. The other staff members will rebound any shots.
4. The first four shots from each location will be worth one point, while the fifth (bonus) ball will be worth two points.
5. If there is a tie, the contestant who made the most total baskets will advance to the final round. If still tied, the contestant with the longest run of made baskets will be declared the winner.

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