

Recess Camping & Backpacking

Garner SP and Lost Maples SNA, TX



Registration closes February 07 at 12pm or when capacity is reached.

Trip Leaders: Sophia F. & Justin I.

Thursday, February 08

6:45-8:15PM Pre-Trip Meeting – Rec Wet Classroom (by lifeguard office)

Friday February 09

8:00AM Depart from Rice
Lunch on the Road
Camp at Garner State Park

Saturday February 10

Depart for Lost Maples
Backpack into Lost Maples

Sunday February 11

Lunch on the Road
6:00PM ETA Trip Return and Gear Cleaning

The hill country and west Texas are dotted with interesting and exciting spaces that ROPE rarely gets to visit due to the distance. This recess we are making our way back the Frio River and Garner State Park followed by some backpacking into Lost Maples State Natural Area. Carved from limestone, these areas feature clear running streams that find the valleys between the hills and vistas that offer wide views on clear days. Join as we escape from the hustle of Houston for some nights out under the stars. This trip features a “disconnect to reconnect” agreement. Phones will be permitted for photos but all services will be turned off to allow participants the freedom to enjoy the trip without personal or community phone distraction. Registration covers transportation, recreation area fees, outdoor equipment, and meals on trail.

Gear Guide for Cold Weather

Backpacking Trips

Please dress & pack appropriately for this trip. Review the guide below to support a comfortable and successful backpacking trip!

All the gear listed as provided is included in your trip registration. Rental agreements and gear issue will take place during your pre-trip meeting.

Equipment ROPE provides:

- ✓ Backpack w/ rain cover
- ✓ Sleeping Bag
- ✓ Sleeping Pad
- ✓ Bowl & Personal Utensils
- ✓ Headlamp
- ✓ Whistle
- ✓ Tents
- ✓ Cooking Equipment
- ✓ Meals on Trail

Optional yet recommended

- Sunglasses (strongly recommended)
- Camera (H2O protection encouraged)
- Campshoes (lightweight; e.g. sandals)
- 1 pair of waterproof pants
- Sun hat
- Bandana(s)
- Journal & Pen
- Cards/Game
- Water reservoir (Camelbak)
 - One-liter back-up bottle required.

Necessary Personal Items:

- 1 Pair of Hiking Boots or Hiking Shoes*
- 1-2 of hiking socks (synthetic or wool)
- 1 Hooded Rain Jacket (No Ponchos)
- 1 heavy fleece or down jacket
- 1-2 Long sleeve synthetic shirts
- 1-2 synthetic T-shirts (NO cotton)
- 1-2 of underwear
- 0-1 synthetic shorts
- 1-2 synthetic pants (NO cotton)
- 1 insulating long-sleeve shirt
- 1 insulating legs layer
- 1 warm hat
- Warm gloves
- Personal toiletries (Toothbrush, etc.)
- 2 Bottles for water (storage for 2 liters/64 oz)
- Small and lightweight face towel (4x4in)
- Medications (for allergies, etc.)
You Must inform us if you take any medications.
- Money for meals on the road (if applicable)
- Clean shoes for travel

*Footwear Guidance: Appropriate footwear for backpacking is a sliding scale largely based around prior experience and terrain. The more challenging and rocky a trail is, the greater requirement for hiking shoes or boots. An established trail through the forest offers more flexibility for trail shoes. Participants with weeks of trail experience may consult with trip leaders on preferred footwear. Some restrictions may still apply including prohibitions on sandals.

It is not necessary for you to purchase a set of new expensive equipment; many items listed above you may already own as athletic or day-to-day apparel. Check with your friends for options to borrow or rent items too. Items that you choose to purchase may be available at low cost from online suppliers or local thrift store. Our primary concern is that all participants have appropriate equipment for a safe and comfortable experience.

If you are unsure whether an item or clothing you own is appropriate for this trip, please contact us prior to the trip or bring the item/clothing to the pre-trip meeting.

Please leave jewelry and other non-essentials at home.

Alcohol, tobacco, and recreational drugs will *not* be tolerated on any trips led by ROPE. If you have such items, do *not* bring them!

These requirements are for the safety and comfort of participants. ROPE reserves the right to refuse involvement in the program to anyone not properly equipped.

[Register for the Trip!](#)